

# Going bananas

As the north warms up, one dairy farmer is looking for expertise to turn bananas into a future forage crop and a more sustainable effluent cycling system.

## Bananas on Northland dairy farms – a new option for forage and effluent cycling

**Participants:** Northland dairy farm with a small herd

**Project team:** Warren King, Robyn Dynes and Grant Rennie (AgResearch) and Graeme Edwards (Kahurangi Farm)

**Report:** Bananas on Northland dairy farms (ourlandandwater.nz/RPF2020)

## Technical information

**Project aim:** To investigate whether growing bananas on Northland dairy farms has the potential to increase the economic and environmental sustainability of the dairy enterprise by measuring plant growth, uptake of nutrients from effluent, and the nutritional content of banana stems as forage for cattle.

- Growth surveys on an established banana plot over nine months to determine the timing, growth rate and dry matter (DM) content of leaves and stem.
- At 1,600 plants/ha, regrowth of cut plants produced 14.6-18.4 t DM/ha.
- Neutral detergent fibre content was low in the leaves (like spring pasture) and low in the stem (like turnip bulbs). Soluble sugars were moderate in the leaves and high in the stem.
- Further work could look to see if these data stack up if stems and leaves are used for forage.

Northland and northern Waikato are getting warmer and drier. Farmers need sustainable changes to farm systems, so they are fit for the future, says dairy farmer Graeme Edwards.

Back in 2018 after a suggestion from their son Paul, a farm systems scientist with DairyNZ, Graeme and Carol Edwards planted up a plot of banana plants adjacent to their dairy effluent pond. They ran trickle irrigation lines through the rows of 65 stems so they could be fed with effluent from the pond.

Graeme was hopeful the plot of Misi Luki bananas could be used to evaluate the possibility of growing bananas as a new summer-autumn forage crop for northern dairy farms,

and potentially become a more sustainable option for the recycling of dairy effluent.

His efforts to kickstart the conversation around bananas in a dairy system left him frustrated. While there was strong interest from media, there was little practical research help or guidance from industry or otherwise. Funding was eventually sourced from the Our Land and Water Rural Professionals Fund, and Dr Warren King and Grant Rennie from AgResearch were able to get some research underway.

Now well into his sixties and currently running three farms, Graeme feels bananas have the potential to provide significant benefit to farming in the north. He is hopeful the results of the study, showing the project has merit, will act as a catalyst for action.

## Maximising dry matter

When Warren King and Grant Rennie had a look at the mini-plantation, the banana plants were nearly two years old and towered over Graeme and Carol. Some were sending up the first stems that would flower and produce fruit.

Although there is potential for the plants to produce saleable fruit, the focus of this research was on measuring growth, uptake of nutrients from effluent, and the nutritional content of banana stems as forage for cattle.

Cutting off the main stem of a young plant to make the plant bulk out is an old gardening technique, used in this research to push smaller and outlying stems to grow faster and encourage more new stems to grow. It was meant to approximate what might be left behind after a previous season's harvest or grazing.

The bananas proved to be more than up to the challenge of some serious hacking. In September 2020, 15 palms had their main stem cut out, some with a forming spike that would have eventually become a flowerhead, along with some other stems of varying heights before being left to regrow.

Compared to 15 other plants that had been left uncut, by January there wasn't a lot of difference in the final number of stems. All had grown more stems. The cut bananas hadn't produced greater numbers, although they did grow faster and had regrown to their original height.

The fastest growth came from stems cut that hadn't yet started to produce what would eventually be a flower spike, and these shot up to over 2 m high by January. Two plants were also cut down completely on Graeme's suggestion in January, as if they had been fully grazed. By the end of June these had also grown back to 1.5 m.

Estimates of dry matter (DM) from the stems and foliage were taken for cut and uncut plants in September, December, January and June. This saw the uncut plants go



*Bananas thrive in the heat and dry of summer and autumn*

*Table 1: DM estimate of all stems following each survey*

| Treatment                          | Sep  | Sep Post-cut | Dec  | Jan  | Jun  |
|------------------------------------|------|--------------|------|------|------|
| <b>Not cut</b>                     |      |              |      |      |      |
| DM/plant (kg)                      | 6.8t | 6.8          | 9.9  | 14   | 15.9 |
| DM/ha @ 1,600 plants per ha (t/ha) | 10.8 | 10.8         | 15.9 | 22.4 | 25.5 |
| <b>Cut</b>                         |      |              |      |      |      |
| DM/plant (kg)                      | 6.6  | 3.2          | 6.3  | 10.9 | 14.6 |
| DM/ha @ 1,600 plants per ha (t/ha) | 10.6 | 5.0          | 10.1 | 17.5 | 23.3 |

*Table 2: DM production at 1600 plants per ha-(t DM/ha), enabling an estimate of growth to be calculated*

| Treatment              | Sep-Dec | Dec-Jan | Jan-Jun | Growing season |
|------------------------|---------|---------|---------|----------------|
| <b>Not cut @ 1,600</b> | 4.9     | 6.6     | 3.1     | 14.6 t DM/ha   |
| <b>Cut @ 1,600</b>     | 5.2     | 7.4     | 5.8     | 18.4 t DM/ha   |

from an estimated 6.8 kg DM/plant in September 2020 to an estimated 15.9 kg DM/plant by June 2021.

A typical banana plantation such as those grown for fruit rather than foliage in Queensland, Australia, has 1,600 plants/ha. For Graeme and Carol's plantation this equates to 14.6 t DM/ha. At 2,000 plants/ha, also common for some varieties, this could be substantially higher, especially as their palms are still quite young (see Table 1).

The cut plants bulked out from 3.2 kg DM/plant to 14.6 kg DM/plant in the same timeframe, giving an impressive 18.4 t DM/ha with the strongest regrowth from the

middle stem. The biggest growth spurt happened between December and January when the cut plants increased their DM by 75 percent, leaving the uncut palms behind with around 40 percent increase.

The regrowth is impressive, especially as it came in the heat of summer when soil was dry and pasture might be starting to struggle. But how much of a toll the rapid regrowth has on the plant's future health and longevity, if it is subject to this onslaught every summer, remains to be seen.





### A summer treat

Graeme had heard of banana plants being fed to cattle in Queensland. Although not part of this research, he had been throwing the cut plant scraps over the fence to his cows. Initially they seemed a bit uncertain but were soon happily devouring, leaf, smaller stems and fruit.

While they may have been tasty, did the plants have any food value as a forage? Overall, the bananas showed potential as a suitable feed crop for cows, with digestibility similar to various silages.

Using near-infrared spectroscopy (NIR) on the cuttings along with some 'wet' testing showed crude protein was low (like summer pasture in the leaves), with the stalk even lower (like maize silage).

Neutral detergent fibre content was low in the leaves (like spring pasture), with the stem also low (like turnip bulbs) – low fibre is good for dairy cows.

Finally soluble sugars were looked at. They were moderate in the leaves (like pasture) and high in the stem (like maize silage).

With a couple of boxes ticked as a forage, then came testing the nutrient uptake from effluent.

Graeme ran dairy effluent to the banana plot regularly over summer, although volume applied was not measured. In June, soil samples were taken at four depths to see how minerals were moving through the soil profile. This showed no unexpectedly high levels of nitrogen or potassium.

### Next steps

AgResearch's Warren King and Grant Rennie see the banana forage and effluent uptake concept as having merit and being worthy of more research.

There also appear to be some valuable opportunities. While there is some literature on feeding banana fruit to animals, there are very few places in the world where banana stem and leaf is fed to livestock and very little published work.

"The only work we could find was a tiny little study in the Canary Islands where someone was feeding banana stems to goats. So this is not a common thing to feed stem and leaf to ruminants let alone dairy cows," Warren says.

The next step would be to do more research with animals and take a closer look at the nutrient uptake and cycling.

While Graeme was happy to feed his cows with the plant offcuts and scraps, and the animals seeming to enjoy them, Warren emphasises that this was not part of the trial.

He says this trial has been useful to check for 'red flags' before testing on animals, which requires significant research funding. "We discovered none," he says.

– *Delwyn Dickey for Our Land and Water National Science Challenge (CC BY-4.0)*